

## A Holy Week

Monday  
Wash Day

Heavenly Father, help me wash away all my selfishness and vanity, so I may serve you with perfect humility through the week ahead.

Tuesday  
Ironing Day

Father, help me iron out all the wrinkles of prejudice I have collected through the years so that I may see the beauty in others.

Wednesday  
Mending Day

O Yah, help me mend my ways so I will not set a bad example for others.

Thursday  
Cleaning Day

Please YahShua, help me to dust out all the many faults I have been hiding in the secret corners of my heart.

Friday  
Shopping Day

Father, give me the grace to shop wisely so I may purchase eternal happiness for myself and all others in need of love.

Saturday  
Cooking Day

Help me, my Savior, to brew a big kettle of brotherly love and serve it with the clean, sweet bread of human kindness.

Sunday  
The Sabbath Day

Father Yah, I know you are with me everyday and everyday is the Sabbath in you, but on this day help me to remember you in a special way for it is the Sabbath and be cheritable to someone.